



TEXAS A&M
AGRILIFE
EXTENSION

4-H Bexar County

FASHION SHOW & NATURAL FIBER Contest

March 1, 2025

Bexar County Extension Office
3355 Cherry Ridge Dr., Ste 208,
San Antonio, TX 78230

Fashion Show & Natural Fibers

DATE: Saturday, March 1, 2025

LOCATION: Bexar County Extension Office

[\(3355 Cherry Ridge Dr., Ste 208, San Antonio, TX 78230\)](#)

SCHEDULE

12:15 p.m. Judge Orientation

12:30 p.m. Fashion Show & Natural Fibers Contest Starts - By appointment

2:00-3:00 p.m. Awards (Dependent on how many entries)

ABOUT THIS CONTEST

The **Fashion Show** is designed for 4-H members to showcase their skills in buying and construction. You will create a clothing or fashion item, turn in paperwork explaining your item, complete an interview with a panel of judges, and last but not least, model the outfit on the runway.

The **Natural Fiber** contest (SENIORS ONLY) is part of the Fashion Show. Members choose to buy or construct an outfit made from either cotton or wool/mohair/alpaca. You will exhibit what you've learned about cotton and wool/mohair. Specific fiber contents are found in the contest guidelines.

CONTEST TYPE

Qualifying:

1. Counties may send the 1st & 2nd place County Fashion Show winners per Buying & Construction division category, per age division.
2. Counties may submit as many Seniors in Natural Fibers entries as they choose.
3. An alternate cannot participate in the District 10 Fashion Show/Natural Fiber Contest.
4. District 1st place Seniors in each Fashion Show/Natural Fiber category will advance to State.
 - a. Seniors must compete at District to qualify for State.

CONTEST STRUCTURE

Individual ONLY: There are no team components to this contest, this is an individual contest only.

ADDITIONAL PAPERWORK UPLOAD REQUIREMENTS:

***Must be uploaded at time of registration on 4HOnline. Click below to download forms!**

Juniors & Intermediates

(Select correct form related to your entry):

- 2025 District 10 4-H Fashion Show **Construction** Entry Form ([PDF](#) or [Word](#))
- 2025 District 10 4-H Fashion Show **Buying** Entry Form ([PDF](#) or [Word](#))

Seniors

(Select correct form related to your entry):

- [2025 Texas 4-H Fashion Show **Construction** Entry Form](#)
- [2025 Texas 4-H Fashion Show **Buying** Entry Form](#)
- [2025 Texas 4-H Fashion Show **Natural Fiber** Entry Form](#)

CONTEST RULES

- General Rules:** The District 10 Fashion Show & Natural Fibers will follow the State 4-H Fashion Show rules for seniors. Please pay special attention to modifications in this document for Junior & Intermediate age divisions. Click links below for PDF documents:
 - [2024-2025 Texas 4-H Fashion Show State Rules & Guidelines](#)
 - [2024-2025 Texas 4-H Natural Fibers State Rules & Guidelines](#)
 - Additional Resources: <https://texas4-h.tamu.edu/projects/fashion-interior-design/>
- Timeframe:** All garments/ensembles to be judged must have been purchased (renting a garment is not permitted in the buying division) or constructed during participation in a 4-H clothing project between June 7, 2024 and the district contest in the 2024-2025 4-H year.
- Entry Restrictions:** A 4-H member must select ONE Fashion Show Division (Construction or Buying) and compete in only ONE category for Fashion Show. *Seniors only, may submit ONE entry for Fashion Show and ONE entry for Natural Fiber contest. The entry may be the same outfit/garment for both contests as long as the entry fits both contest qualifications.
- Dressing Rooms:** Dressing Rooms will not be available on site. Participants are encouraged to wear their entry to the Fashion Show. Bathrooms will be available to change clothes for the Fashion Show. Please do not leave your items in the bathroom.
- Contest Components:** Each Fashion Show and Natural Fiber participant will complete/compete in each of the following components specific to their age division:

Age Division	Paperwork	Presentation	Interview
Junior Scoresheets: Construction Buying	(Select correct form related to your entry): <ul style="list-style-type: none"> 2025 District 10 4-H Fashion Show Construction Entry Form (PDF or Word) 2025 District 10 4-H Fashion Show Buying Entry Form (PDF or Word) 	N/A	All Age Divisions: Judges will ask each participant questions from a list of contest questions or other questions related to Fashion & Interior Design project experiences. Fashion Show: <ul style="list-style-type: none"> Jr./Int. Questions List Senior Construction Questions List Senior Buying Questions List Natural Fiber: <ul style="list-style-type: none"> Senior Questions List
Intermediate Scoresheets: Construction Buying		Intermediate age division will be required to conduct an Introduction/Presentation. Introduction/Presentation: Each contestant will introduce themselves and model their garment for the judges. Participants will then provide a 5-minute (maximum) presentation to the judges. During the presentation, participants need to describe: project activities, outfit selection, construction/buying skills & their knowledge of fiber & fabrics.	
Senior Scoresheets: Construction Buying Natural Fiber	(Select correct form related to your entry): <ul style="list-style-type: none"> 2025 Texas 4-H Fashion Show Construction Entry Form 2025 Texas 4-H Fashion Show Buying Entry Form 2025 Texas 4-H Fashion Show Natural Fiber Entry Form 		

- Judging Criteria:** All contestants will be ranked by a panel of judges. The judges final ranking will determine the final placings for this contest. Judges' ranks will be final.

CONTEST DIVISIONS & CATEGORIES

JUNIOR & INTERMEDIATE CONSTRUCTION DIVISION & CATEGORIES

* The decision as to whether an entry qualifies in a category will be left to the discretion of the County Extension Agent during judging at the county level.

Fashion Show Division Description	
CONSTRUCTION:	Garments may be constructed by sewing, knitting, or crocheting. Accessories may be purchased. All garments worn (garments that are visible –i.e., blouse under jacket or vest) during the interview process must be constructed. Close-fitting legwear, tights, and pantyhose do not need to be constructed.
Introduction/Presentation	
<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;">➤</div> <div> <p>Introduction/Presentation (INTERMEDIATES ONLY): Each contestant will start by introducing themselves and model their garment to the judges. Participants will then provide a 5-minute presentation to the judges. During the presentation the participants need to describe their project activities, outfit selection, construction or buying skills and their knowledge of fiber and fabrics. See score sheet to see the areas that will be judged.</p> </div> </div>	
<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;">➤</div> <div> <p>Question and Answer Interview (JUNIORS & INTERMEDIATES): Judges will have 5 minutes maximum to ask each participant questions from the list of contest questions as well as questions related directly to the participants garment or project experiences.</p> </div> </div>	
Categories (SELECT ONE)	
NEW! for 2025: Dresses/Jumpers will now be included in the Ensembles category.	
Separates:	One item that may include a top, vest, jacket, skirt, skort, pants, shorts, overalls (long or short).
Ensembles/Dresses:	Minimum of one top and one bottom piece-total of 2 garments (Examples: top- blouse, vest, jacket; bottom-skirt, skort, pants, shorts, overalls) OR top & bottom conjoined that creates a dress/jumper. If a contestant constructs a dress/jumper, they are not required to construct a top that goes underneath the garment if necessary. Formal dresses may not be entered into this category.
Specialty:	Limited to athletic and special purpose garments. Examples are band, pep squad and cheerleader uniforms; athletic garments such as jogging suits, swimsuits, leotards and skiwear; sleep wear; and theatrical and circus-type costumes such as clown suits and ballet costumes. Garments in this category should not be suitable for ordinary daily activities.
Semi-Formal to Formal:	Limited to garments worn for formal evening events and formal weddings. This category includes tuxedos, formal gowns, wedding dresses and bridesmaid's dresses. Garments in this category should not be suitable for ordinary daily activities.

NEW

NEW

CONTEST DIVISIONS & CATEGORIES (CONTINUED)

JUNIOR & INTERMEDIATE BUYING DIVISION & CATEGORIES

* The decision as to whether an entry qualifies in a category will be left to the discretion of the County Extension Agent during judging at the county level.

Fashion Show Division Description	
	BUYING: All garments worn (garments that are visible –i.e., blouse under jacket or vest) during the interview process must be included in the buying worksheet.
Introduction/Presentation	
	<ul style="list-style-type: none"> ➤ Introduction/Presentation (INTERMEDIATES ONLY): Each contestant will start by introducing themselves and model their garment to the judges. Participants will then provide a 5-minute presentation to the judges. During the presentation the participants need to describe their project activities, outfit selection, construction or buying skills and their knowledge of fiber and fabrics. See score sheet to see the areas that will be judged. ➤ Question and Answer Interview (JUNIORS & INTERMEDIATES): Judges will have 5 minutes maximum to ask each participant questions from the list of contest questions as well as questions related directly to the participants garment or project experiences.
Categories (SELECT ONE)	
NEW CATEGORY for 2025: Fantastic Fashions under \$25	
NEW	Fantastic Fashions under \$25: This category is designed to expand the 4-H member’s shopping experience to include different shopping venues. Outfits must be purchased at a garage sale, consignment store, Goodwill, Salvation Army, or other retail business. Receipts are required for everything that is visible during the interview, except shoes. Receipts for garage sales can be handwritten. This includes jewelry and accessories. Do not need to account for sales tax.
	Ensembles/Dresses: Minimum of one top and one bottom piece-total of 2 garments (Examples: top- blouse, vest, jacket; bottom-skirt, skort, pants, shorts, overalls) OR top & bottom conjoined (Ex: dress/jumper). Formal dresses may not be entered into this category.
	Specialty: Limited to athletic and special purpose garments. Examples are band, pep squad and cheerleader uniforms; athletic garments such as jogging suits, swimsuits, leotards and skiwear; sleep wear; and theatrical and circus-type costumes such as clown suits and ballet costumes. Garments in this category should not be suitable for ordinary daily activities.
	Semi-Formal to Formal: Limited to garments worn for formal evening events and formal weddings. This category includes tuxedos, formal gowns, wedding dresses and bridesmaid’s dresses. Garments in this category should not be suitable for ordinary daily activities.

CONTEST DIVISIONS & CATEGORIES (CONTINUED)

SENIOR CONSTRUCTION DIVISION & CATEGORIES

* The decision as to whether an entry qualifies in a category will be left to the discretion of the County Extension Agent during judging at the county level.

Fashion Show Division

CONSTRUCTION:

- Garments may be constructed by sewing, knitting, or crocheting. Accessories may be purchased.
- All garments worn (garments that are visible –i.e., blouse under jacket or vest) during the interview process must be constructed. Close-fitting legwear, tights, and pantyhose do not need to be constructed.
- **Introduction/Presentation:** Each contestant will start by introducing themselves and model their garment to the judges. Participants will then provide a 5-minute presentation to the judges. During the presentation the participants need to describe their project activities, outfit selection, construction or buying skills and their knowledge of fiber and fabrics. See score sheet to see the areas that will be judged.
- **Question and Answer Interview:** Judges will have **5 minutes maximum** to ask each participant questions from the list of contest questions as well as questions related directly to the participants garment or project experiences.

NEW

Categories (SELECT ONE)

Everyday Living: Includes casual sportswear, weekend-wear, sleepwear, clothing for school, casual after- school events, or hanging out with friends.

ReFashion: The result of modifying existing clothing or fabric items (such as table cloth or curtain) into something more fashionable. The main purpose of ReFashion is creativity, as well as sewing skills. The member designs and sews a wearable garment from previously used garments or fabric item. The completed garment is different from its original use, not just an alteration. (Examples: neck ties sewn together to form a skirt or taking old t-shirts and making them into a skirt)

Semi-Formal to Formal: Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same. Original material must be fabric and not from recycled items. Semi-formal is a little less formal than formal black tie. Ex. For women dresses or stylish pantsuit made of taffeta, chiffon, satin or other similar fabrics. For men dress includes jacket or vest, trousers and a tie. Current fashion does not dictate that a tie is necessary.

Theatre/Costume: Garment intended for use as a costume, which would include stage production. May be sewn from fabric or from another garment. These garments may be unusual or innovative materials; imaginative but wearable.

CONTEST DIVISIONS & CATEGORIES (CONTINUED)

SENIOR BUYING

 DIVISION & CATEGORIES

* The decision as to whether an entry qualifies in a category will be left to the discretion of the County Extension Agent during judging at the county level.

Fashion Show Division

BUYING:

- All garments worn (garments that are visible –i.e., blouse under jacket or vest) during the interview process must be included in the buying worksheet.
- **Introduction/Presentation:** Each contestant will start by introducing themselves and model their garment to the judges. Participants will then provide a 5-minute presentation to the judges. During the presentation the participants need to describe their project activities, outfit selection, construction or buying skills and their knowledge of fiber and fabrics. See score sheet to see the areas that will be judged.
- **Question and Answer Interview:** Judges will have 5 minutes maximum to ask each participant questions from the list of contest questions as well as questions related directly to the participants garment or project experiences.

NEW

Categories (SELECT ONE)

Business/ Interview Attire: Entry should be an outfit you would wear for a job interview, scholarship interview, job fair, or other professional event.

Professional – This is a more traditional, conservative approach (e.g., business suit or blazer, tie and dress slacks for men; business suit, pantsuit, or jacket and dress for women) and may vary by employer or industry.

Business Casual – This trend is more relaxed and comfortable but demonstrates good judgment in choices and displays a neat appearance (e.g., polo shirt, shirt with a collar or sweater, khakis or other slacks, dress or casual leather shoes for men and women; moderate length dress or skirt for women).

Fantastic Fashions under \$25: This category is designed to expand the 4-H member’s shopping experience to include different shopping venues. Outfits must be purchased at a garage sale, consignment store, Goodwill, Salvation Army, or other retail business. Receipts are required for everything that is visible during the interview, except shoes. Receipts for garage sales can be handwritten. This includes jewelry and accessories. Do not need to account for sales tax.

Semi-Formal to Formal: Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same. Semi-formal is a little less formal than formal black tie. Ex. For women dresses or stylish pantsuit made of taffeta, chiffon, satin or other similar fabrics. For men dress includes jacket or vest, trousers and a tie. Current fashion does not dictate that a tie is necessary. Formal includes men’s suits and tuxedos and women’s formal gowns, wedding dresses, and bridesmaid dresses.

Special Interest: Entry should be a specific outfit that you NEED to know how to purchase wisely. Entry should be something that reflects a special interest of the participant, such as equestrian clothing and riding apparel, dance costumes, hiking clothing, or rock- climbing clothing.

CONTEST DIVISIONS & CATEGORIES (CONTINUED)

SENIOR NATURAL FIBER CONTEST & CATEGORIES

** The decision as to whether an entry qualifies in a category will be left to the discretion of the County Extension Agent during judging at the county level.*

Natural Fiber Contest Guidelines
<ul style="list-style-type: none">➤ <u>This contest is for Seniors only.</u>➤ Counties may submit as many Seniors in Natural Fibers entries as they choose.➤ The Natural Fibers competition may be entered in addition to Construction or Buying. Entries in the Natural Fibers contest may be wool, mohair, or cotton as outlined in the state packet.➤ The Natural Fiber Contest has two categories: cotton and wool/mohair/alpaca. Entry in the Natural Fiber Contest does not have to be the same entry as the Fashion Show Buying or Construction entry. The 4-H member must choose a category at the county level and compete in that category at all levels. The entry worn at the district contest must be the one worn at the state contest. Accessories such as shoes, jewelry, hat, gloves, and scarfs may be changed, but changes must be included on the paperwork. The appropriate garment category should be determined by the style, fabric, and use of the garment. No one may change divisions or categories between district and state contests.➤ The garment selected can be constructed or purchased. A complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric. Examples include jacket and pants made of wool, but shirt or blouse does not need to be made of wool; a full-length coat made of eligible fashion fabric worn over a garment of any fiber content. Lining fabric, interfacing fabric, and trims are not required to meet the fiber content requirements.➤ Once a contestant has won first place at the state contest in one category (cotton or wool/mohair), he/she is no longer eligible to compete in that category.➤ Garments need to meet the specific requirements of either Wool/Mohair/Alpaca or Cotton. See the table below for specific requirements.➤ If the Fashion Show Natural Fiber Entry Form does not show that the entry meets the eligibility requirements, the entry will be disqualified.
Categories (SELECT ONE)
<p><u>Cotton:</u> Each garment entered must contain a minimum of 60% cotton. Knowledge of fiber characteristics, production, and end use is required.</p>
<p><u>Wool/Mohair/Alpaca:</u> Each garment entered must contain a minimum of:</p> <ul style="list-style-type: none">• 60% wool and 40% other fiber• 60% mohair and 40% other fiber• 60% blend of the two fibers and 40% other fiber• 100% wool/mohair blend is also acceptable