



DO YOU...

- ✔ Need consistent volunteer Hours?
- ✔ Want to give back to your community?
- ✔ Need wellness programs in your workplace?
- ✔ Have a passion for Health ,Wellness, or Gardening?

Obtain knowledge and skills to live a healthier lifestyle and encourage others to do the same.
Receive 40 hours of training and give back 40 hours of service!

Training Dates:

Face-to-face: January 26, 2019 9am-3pm

Self-paced Online training: January 26- Feb 15, 2019

Face-to-face: February 16, 2019 9am-3pm

Register at: <https://agriferegister.tamu.edu/MWV>

For more information contact Erika Alaman
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