



Are you looking for ways to prepare easy, nutritious, and economical meals for your family? Join us for a Dinner Tonight Cooking class where you will learn all the ways of healthy meals.

TUESDAY, OCTOBER 17, 2017

6:00 P.M. – 8:00 P.M.



Venue sponsored by: Our Lady of the Lake University
Chapel Auditorium-411 S.W. 24th St.
San Antonio, TX 78207

**Come see cooking demonstrations, try samples of our delicious recipes
and leave with nutritional educational resources**

COST IS \$20.00

To register for event please go to website:

<http://agriferegister.tamu.edu/dinnertonight> and select Dinner Tonight Healthy Cooking School for San Antonio, TX. We will have a variety of exhibitors with educational information on health, wellness & nutrition. Any questions, please call Angie Gutierrez or Frances Moreno-Elizondo (210) 631-0400.

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, national origin, genetic information veteran status, sexual orientation, or gender identity. The Texas A&M University System, US Department of Agriculture, and the County Commissioners Courts of Texas Cooperating. Persons with disabilities requiring auxiliary aids or special accommodations should contact the Extension Office @ 210-631-0400 at least one week prior to the event.