

Master Wellness Volunteer Training



MAKE A DIFFERENCE IN YOUR COMMUNITY'S HEALTH



Receive 40 hours of training in exchange for 40 hours of service.
Training will be conducted both online and face to face.

Training focuses on:

- ◇ **Nutrition** ◇ **Dietary Guidelines** ◇ **Food Safety**
- ◇ **Food Demonstration** ◇ **Healthy Lifestyle Choices** ◇ **Children's Health**

January 23-27, 2017

Location: 3355 Cherry Ridge Dr., Suite #208, San Antonio, TX 78230

Time: 9:00 a.m.-4:00 p.m.

Fee: \$75, students \$25 (Lunch Provided)

Register Online: <https://agriliferegister.tamu.edu/MWV>

For more information: (210) 631-0400

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Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.

The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Individuals with disabilities who plan to attend class and need special service, accommodations, or auxiliary aid, please contact the Bexar County Office at 210-631-0400 at least five (5) days prior to the date so appropriate arrangements can be made.